

LOVE – A CONSTRUCTIVE HEALTH BUILDER

THEME: Divine love and even human love are the greatest health building emotions. There is nothing that will cure life's ills like genuine pure and warm love.



1. Love is coveted by man, and craved by all. It is the most fragrant perfume of the heart.
2. Love saturating the heart will help build the tissues of the body and sends an invigorating power into the blood stream, bringing with it health to the mind, nerves, and body.
3. God Almighty wants us to have healthy bodies, because these bodies are His dwelling place. He provided divine love, and He sheds it abroad in our hearts by the Holy Spirit.

Romans 5:5: And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Spirit Who is given unto us.

4. A New Commandment I give unto you, that ye LOVE ONE ANOTHER; as I have loved you. By this shall all men know that ye are My disciples, if ye have love one to another.

John 13:34-35:

³⁴ A new Commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

³⁵ By this shall all men know that ye are My disciples, if ye have love one to another.

LOVE
THY
NEIGHBOR

5. If ye keep My Commandments, ye shall abide in My love, even as I have kept My Father's Commandments, and abide in His love.

John 15:10: If ye keep My Commandments, ye shall abide in My love; even as I have kept My Father's Commandments, and abide

in His love.

6. God hath NOT given us the spirit of fear; but of power, and of love, and of a sound mind.

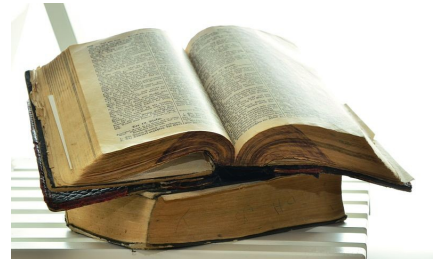
2 Timothy 1:7: For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

7. Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye LOVE ONE ANOTHER with a pure heart fervently.

1 Peter 1:22: Seeing ye have purified your souls in obeying the truth through the [Holy] Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:

8. Whoso keepeth this Word, in him verily is the love of God perfected.

1 John 2:5: But whoso keepeth His Word, in him verily is the love of God perfected: hereby know we that we are in Him.



9. There is no fear in LOVE; but PERFECT LOVE casteth out fear: because fear hath torment. He that feareth is not made PERFECT in LOVE.

1 John 4:18: There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

10. If any man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he LOVE GOD Whom he hath not seen?

1 John 4:20: If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God Whom he hath not seen?

11. By this we know that we LOVE the children of God, when we LOVE GOD and keep His Commandments, and His Commandments are not grievous.

body's well-being.

5. Quotes from the medical profession.

- Dr. Baline Mc Laughlin, Director of Psychiatry of Women's Medical College in Philadelphia, Pa. said: *Between 65% of all patients coming to the Doctor's offices have psychosomatic complaints. That is: They are passing sickness from their souls to their bodies.*
- 99% of all headaches, 85% of all asthma, 75% of all gastric upsets, and 75% of all skin diseases and irritations are sicknesses of the head passed on to the body.
- A heart specialist in Virginia said that 85% of the people with HEART conditions have nothing physically (structurally) wrong with them. The disturbance comes from "FEAR" which is one of the greatest troublemakers.



•General Motors' Plant Head Physician attending to the medical needs of employees said: *75% of the executives in this plant have gastric ulcers. They are due to the pressure put on them to succeed or be replaced. Since I've had no training to deal with these mental and emotional needs of the people, I am helpless in solving their physical ailments.*

6. Doctors have discovered that — without trying to be religious and talk about having faith which is very important to their patient's quicker recovery — they have cleverly switched faith in themselves to help people to get well sooner. They have even told some patients who were very fearful and worried, *"If you don't have faith in me to help get you well, there is nothing more that I can do for you."*

Some faith in Doctors is important toward restored health, but only to this extent: it releases the patient from fear & worry which are their big culprits in keeping the body from recovery. Worry & Fear are like termites eating away secretly in the innermost part of one's body.



HOWEVER, it will take more than faith in a doctor to heal the human body. It will take faith in the Great Physician, The Lord Jesus Christ, to restore us to

complete health and strength. I'll deal with this when we take up "FAITH" as a constructive health builder."

7. Love is the greatest health restorer and rebuilders of the human body.

That is the reason why we have placed it at the top of the list of seven health builders.

8. Divine love is the supreme mental and physical health builder. This type of love casts out fear and mental and physical health destroyers.

1 John 4:18: There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

This Love is proof positive that we are truly born-again.

1 John 4:7: Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

This Love is the positive test of whether we know God or not.

1 John 4:8: He that loveth not knoweth not God; for God is love.

This Love is superior to all spiritual gifts, as great as they are.

1 Corinthians 13:1: Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.

This Love is easily recognized by its desire to give — yes, giving myself for the benefit and blessing of others. It is unselfish love, ever putting my needs second and putting others needs first.

This Love is placed next door to a sound mind.

1 Timothy 1:7: For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

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