

TALK LESS – FEEL BETTER

TEXT:

Ecclesiastes 5:2: Be not rash with thy mouth, and let not thine heart be hasty to utter anything before God: for God is in Heaven, and thou upon earth: therefore LET THY WORDS BE FEW.

INTRODUCTION

The Bible cautions us against being a spendthrift with our tongues. Those who talk extravagantly as though they had sprung a leak will soon find out that they have said something they will regret. They will also feel drained and lean in their souls, or they will discover that they are nervous and weak from too much talking.



The loss of spiritual power often comes from becoming too loose with our tongues. If you are having a POWER SHORTAGE, check up on **James** chapter three. The tongue is located in a very wet place and is liable to slip. Therefore, God gave it a double safety lock, namely a set of teeth and a pair of lips to keep it in check.

***He thinks too small, who talks too much,
A spend-thrift of his tongue.***

***Like a parrot, lavish with his words
So like a cistern all he knows soon leaks.***

***A wise man reflects before he speaks
A fool, on what he has said***

***The one is missed because he lives
The other, when he is dead.***

***A wise man guards his thoughts with care
A fool's tongue rattles dry***

***We need to guard one language well
Than to prattle on too much in two.***

FOUNTAIN PEN FLOWING TOO FREELY

I took my fountain pen back to the drug store where it had been purchased, and

asked for an exchange. I told the lady behind the counter that it was flowing too freely of ink. She had the manager check it out, and he said: “All your trouble is that this pen is needing a refilling. When it is low in ink, it will always flow more freely.”

Proverbs 10:19: In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.

Proverbs 13:3: He that keepeth his mouth keepeth his life: but he that openeth wide his lips shall have destruction.

Proverbs 17:27: He that hath knowledge spareth his words: and a man of understanding is of an excellent spirit.

Proverbs 21:23: Whoso keepeth his mouth and his tongue keepeth his soul from troubles.

Proverbs 29:11: A fool uttereth all his mind: but a wise man keepeth it in till afterwards.



Ecclesiastes 5:7: For in the multitude of dreams and MANY WORDS there are also divers vanities: but fear thou God.

Ecclesiastes 10:14a: A fool also is full of words: a man cannot tell what shall be; . . .

Job 11:2: Should not the multitude of words be answered? and should a man full of talk be justified?

[These words in Job 11:2 came from Zophar, one of Job’s so-called comforters.]

What do you think Job’s answer was?

Job 13:19: Who is he that will plead with me? for now, if I hold my tongue, I shall give up the ghost [die].

And James tells us:

James 1:19: Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath.

QUIETNESS

Ecclesiastes 9:17: The words of the wise men are heard in quiet more than the cry of him that ruleth among fools.

Ecclesiastes 4:6: Better is a handful of quietness, than both the hands full with travail and vexation of spirit.

Proverbs 17:1: Better is a dry morsel, and quietness therewith, than an house full of sacrifices with strife.

1 Thessalonians 4:11: And that ye study to be quiet, and do your own business, and to work with your own hands, as we commanded you,

2 Thessalonians 3:12: Now them that are such we command and exhort by our Lord Jesus Christ, that with quietness they work, and eat their own bread.



1 Peter 3:4: But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and QUIET spirit, which is in the sight of God of great price.

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